10 years ago, Fistula Foundation supported one hospital in Ethiopia. But we knew that there were at least a million women across Africa and Asia who were living in needless misery.

We wanted to do more.
10 YEARS

1 Mission

For over a decade, we have stayed focused on one mission: ending the suffering caused by obstetric fistula.
Surgery is the only cure for fistula. One single, cost-effective procedure can restore a woman’s continence and give her a hopeful future.
10 YEARS

23 Countries

From just one country in 2009, your generosity has enabled us to expand to treat women across Africa and Asia. We are now helping women in 23 countries.
Today, Fistula Foundation is the leader in fistula treatment, helping more women in more places than any organization in the world. Thanks to your support, 39,866 women received life-changing care between 2009-2018.
Georgina Goodwin
KENYA
Quinta’s young life was filled with pain when she developed obstetric fistula. Thankfully, she heard that treatment was available free of charge through Fistula Foundation’s countrywide treatment network in Kenya. Quinta underwent successful repair surgery at Gynocare Women’s and Fistula Hospital and recovered under the care of our expert staff. Now that she is healed, Quinta is enrolled in high school, and dreams of becoming a journalist one day.

Grace
UGANDA
After four uncomplicated deliveries, Grace was excited to be expecting her fifth child. This time, however, she experienced a difficult obstructed labor and her baby did not survive. When she began to leak urine, the local doctors told her that her only hope was expensive treatment from a specialist. Devastated, Grace almost took her own life—until she met an outreach worker from our partner, CoRSU. Today she is dry, and filled with hope for the future.

Evalina
ANGOLA
At only 14 years old, Evalina lost her first baby in a terrifying labor that left her with obstetric fistula. She and her husband had three more pregnancies, but each time the baby died, and eventually her husband left. Evalina did not know her condition was treatable—until her uncle visited our partner, Centro Evangelico de Medicina de Lubango (CEML), and met other women with Evalina’s symptoms. After seven years of suffering, she was finally healed. Name changed for privacy.

Maheshwar Jha
NEPAL
Maheshwar Jha was home alone when she went into labor. A neighbor helped her travel to the nearest hospital, but the gynecologist was not present. The secondary staff had to scramble to save her life. Miraculously, both Maheshwar Jha and her baby survived—but the traumatic labor left her with obstetric fistula. The rural hospital recognized her condition, however, and referred her to our partner, International Nepal Fellowship. “I was very happy [knowing] that I would come home recovered,” she said.

Furera
NIGERIA
Furera enjoyed a happy childhood, but when her father’s trading business failed, she was married off at a young age. Her husband abandoned her while she was pregnant with their third child. After a wrenching labor, she was left incontinent of both urine and feces. Fortunately, Furera’s doctors recognized her condition and referred her to our partner, Evangel Vesico-Vaginal Fistula Center (EVVF). Dry once more, Furera wants to be the best mother she can for her two living children.

Merin’y
MADAGASCAR
Merin’y lost the best years of her life to obstetric fistula. For twenty years, she suffered with the shame and stigma of her constant leaking. After decades of misery, Merin’y heard a radio advertisement that would change her life: it said that help was available for women with her exact symptoms. Your donations covered Merin’y’s travel to our partner, SALFA (Sampan’Asa Loterana momba ny Fahasalamana), where she was finally healed. Now, she helps refer other leaking women to the hospital for life-changing care.
Mumtaz
BANGLADESH
Mumtaz, a Rohingya refugee, was in the final stages of pregnancy when she was forced to flee her home in Myanmar. She made the grueling journey to neighboring Bangladesh on foot. In the refugee camps, Mumtaz experienced terrible labor complications and developed obstetric fistula. Thankfully, our partners at HOPE Hospital were hard at work in the camps, and met Mumtaz on an outreach excursion. She was referred by the hospital right away, and now is completely dry.

Lina
TANZANIA
Lina lost consciousness on her way to a rural clinic, after pushing at home for three days. She woke up in a strange hospital asking: “Where is my child?” The baby was stillborn, and Lina returned home heartbroken and incontinent. Her boyfriend became dangerously abusive, and she fled to her mother’s house for shelter. Eventually, Lina’s sister connected her with a health worker from our partner, Comprehensive Community-Based Rehabilitation in Tanzania (CCBRT). Now that she is no longer leaking, Lina wants to become a farmer.

Agness
ZAMBIA
Agness spent years searching for something that could relieve her incontinence. She had already lost her baby in a traumatic labor, and had six other children to care for at home. Agness tried everything from doctors to traditional herbs, but nothing worked until she met a community health worker trained by Fistula Foundation’s countrywide program in Zambia. She traveled by bus to Mansa General Hospital for transformative treatment, and for the first time, Agness began to feel hope.

Cora
KENYA
Cora was in labor for two days and delivered a stillborn baby. When she discovered she was leaking urine, her husband left. Thankfully, Cora was never alone—her loving brother took her in and cared for her as she grieved. For over 20 years, Cora and her brother did their best to manage her condition, until they met an outreach worker from our partner, WADADIA (Women and Development Against Distress in Africa). Finally dry, Cora is now learning beadworking to earn an income. *Name changed for privacy.*
Ending Fistula in a Generation

Your support, along with critical seed funding from Astellas Pharma EMEA, helped us launch something powerful in 2014: a pathbreaking countrywide treatment network that has the capacity to end fistula in a generation. This model addresses every step of a woman’s journey to healing—from grassroots outreach, to a network of well-equipped hospitals, to certified fistula surgeon training.

Our first network in Kenya yielded extraordinary results, and in 2017, we launched a second network in Zambia. Both programs are thriving! We plan to expand this model into even more countries in the future.
Outreach:
Our dedicated community health workers educate communities about the little-known condition and refer suffering women for treatment.

Treatment:
Your donations helped build and equip Gynocare Hospital, the hub of our countrywide network in Kenya. In 2016, staff from Fistula Foundation and Astellas Pharma EMEA joined Gynocare founder Dr. Hillary Mabeya to celebrate the hospital's opening ceremony with traditional song and dance.

Training:
With a global shortage of fistula surgeons, high-quality training in fistula surgery is critically important. We provide this training, along with mentoring opportunities, to local doctors.
You Opened Your Hearts

Compassionate people like you have come together to transform the lives of thousands of suffering women. From renowned thinkers and leaders speaking out, to many of you sharing our story with friends and family—every contribution has helped women in need.

In 2015, Grammy Award-winning musician Paul Simon and Princeton ethicist Peter Singer put on a concert to benefit Fistula Foundation. The intimate event in New York City raised over $150,000 for fistula care! Above, Singer (left) and Simon (right) with CEO Kate Grant.
When Mary Ann McCammon first learned about obstetric fistula more than a decade ago, she was determined to find a way to help. Mary Ann holds a PhD, and is a retired nursing professor and quilting instructor, so she decided to combine her skills and start an organization called Quilts for Empowerment. It teaches sewing skills to fistula patients so that they can earn an income after they recover. In this picture, Mary Ann is holding a piece made by a fistula survivor that illustrates her story of healing.

In July 2018, the Australian artists’ collective Matter Arts held an exhibition to benefit Fistula Foundation. They raised over $10,000—enough to fund 17 life-changing fistula surgeries!

Gabrielle Berard dedicated her bridal shower to fistula survivors, asking her loved ones to make a donation to Fistula Foundation in lieu of traditional gifts.
What drives someone to provide care to indigent incontinent women, or to the gravely ill, infected by a lethal and highly contagious virus — if not love?

A surgeon who grew up barefoot is changing women’s lives

The Unsung Struggle to End the ‘Curse’ of Fistula in Bangladesh
Despite being eliminated from the landscape in wealthy countries a generation. Success will require the integration of strategies that are also costed, time-bound, integrated into safe surgery and maternal and newborn health plans monitored by both national fistula task forces and national safe surgery task forces. Global health inequity that illustrates all too painfully the critical need for intelligent, strategic mobilisation of global stakeholders to ensure that obstetric fistula is a prime indicator of egregious human rights issues.

The meeting resulted in a declaration by the Minister of Health of Nigeria, Isaac Adewole, that the eradication of fistula is entirely preventable and, in most cases, treatable. 3 Women and girls continue to be exposed to this risk in Nigeria, where the capacity to eradicate the prolonged, obstructed labour that causes obstetric fistula has been in our hands for more than 100 years ago.

We need a new path to the long overdue eradication of obstetric fistula in Nigeria. This includes increasing health-care financing for fistula, expanding the country’s system of national fistula centres, and reprioritizing obstetric fistula as a public health and human rights issue in Nigeria’s health agenda, which provides surgical services to women with childbirth injuries.

Here's where your dollars will do the most good: Outside the US. Three great organizations: SEVA Foundation, which works to prevent blindness; Deworm the World, which seeks to eradicate worms and other parasitic bacterial disease; Fistula Foundation, which provides surgical services to women with childbirth injuries.
We Couldn’t Have Done It Without You!

You are part of a global community of tens of thousands of donors from 81 countries, all united under one goal: helping as many women with fistula as possible.

At our San Jose office, local volunteers generously give their time and energy to help assemble mailings and outreach projects. We are especially grateful to Jerry Goldstein, our most dedicated volunteer, who has been helping weekly since 2005!
Joe & Sharon Kemper

Joe and Sharon Kemper were moved to give to Fistula Foundation after reading about our work in Peter Singer’s book, The Life You Can Save. Since then, they have become one of our most dedicated donor families. Joe and Sharon have given generously to our nationwide network in Kenya, as well as several other vital programs. Their commitment to lifting up women and girls around the world is inspiring, and we are honored by their trusted support.

Kassy Kebede

Kassy Kebede is one of Fistula Foundation’s longest-serving board members, first elected Board Chair in 2005 and serving until 2013. He has given generously of his time, talent, and treasure to our organization, and led us through a season of extraordinary growth. He is a dedicated man of integrity, and stood by Fistula Foundation through good times and challenging times alike. Our organization would not be where it is today without his inspiring dedication.

Rachel Ploeger

Working in the fast food industry can be a very physically demanding job—but that didn’t slow down college student Rachel Ploeger. She spent the summer working overtime, not to save up spending money for the school year, but to provide a fistula surgery to a woman in need. “I knew how much I needed for me,” she said. “Anything beyond that would go straight to others who needed it more.”

Lars & Veronica Bane

Lars and Veronica Bane are longtime supporters who have generously invested in Fistula Foundation’s organizational capacity. In addition to supporting our programs in Africa and Asia, Lars and Veronica also sponsored CEO Kate Grant’s participation in a weeklong program at Harvard Business School in 2017, called Strategic Perspectives in Nonprofit Management. We are grateful for their robust support and belief in our critical mission.

Vince Gallagher

Vince Gallagher has been a Fistula Foundation supporter since 2009. In addition to great individual generosity, Mr. Gallagher has also helped spread the word about our work through lectures on the impacts of globalization, raising significant funds in the process. He says, “It is truly a privilege for me to be able to participate with the Fistula Foundation in being an instrument of love and compassion, to restore the dignity and health of women suffering from fistulas.”

Paula Weil

Paula Weil was the most generous donor in Fistula Foundation’s history. Though her family was independently wealthy, Paula chose to spend her life as an English teacher in New York City. She supported Fistula Foundation because she wanted to help poor women get life-changing care—and as a result, thousands of women are now healed. When Paula passed away in November 2016, her bequest helped build Gynocare Hospital, our flagship hospital in Eldoret, Kenya.
Now More Than Ever
“Women are not suffering because we don’t know how to treat them. They are suffering simply because too few people have decided that they are worth helping. Our belief is that these women matter. They deserve both treatment and compassion. They are often young, nearly always poor, and grievously injured simply for trying to bring a child into the world. Ten years in, we know two things: collectively, we have the power to help end this needless pain, but with support from the big organizations declining—namely the United Nations and US government—now more than ever, we need caring people to join us to end fistula in a generation.”

— Kate Grant, CEO
Our Work is Not Done
Since adopting a global mission in 2009, we have been working hard treating fistula at more than 150 sites across Africa and Asia.

But for every woman treated, an estimated 50 more are still waiting.
Our True North: High-Quality Care

To ensure women receive the best care possible, we choose our partners carefully. Fistula Foundation’s board works closely with staff to monitor results and ensure your money is raised and managed ethically—and goes where it is needed most.

We are grateful to all of our volunteer board members who have served over the last decade:

Abaynesh Asrat, Lisa Bloom, Kelly Brennan, France Donnay, Sohier Elneil, Kassy Kebede, Cleoparta Kiros, Ling Yang Lew, Bill Mann, Sarah Omega, Denis Robson, Linda Levee Samuels, Stephen Saunders, Gerald Shefren, Mary Tadesse, Robert Tessler, Whitney Tilson, Linda Tripp, Mal Warwick, Teri Whitcraft, Larry William, Susan Wilson
## Fistula Foundation 2018 Partners

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<th>Location</th>
<th>Partners</th>
<th>Treatment</th>
<th>Training</th>
<th>Facilities / Equipment</th>
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Note: The above is a list of all organizations that received 2018 grants from Fistula Foundation, and is not an exhaustive list of current partners. WAHA (Women and Health Alliance International)
Our Partners,
Our Heroes

“Taking action means saying ‘no’ to indifference... It is a choice: whether or not to support a woman, whether or not to protect her, whether or not to defend her rights.”

Dr. Denis Mukwege
2018 Nobel Peace Prize recipient, fistula surgeon, and Founder of Panzi Hospital in the Democratic Republic of Congo.

“Afghan women are forbidden to be examined by male physicians. They prefer to stay home, untreated. Without access to a female fistula surgeon, a woman with fistula could suffer from the problem for the rest of her life.”

Dr. Homa Dost
Fistula surgeon and member of the all-female fistula team at CURE International Hospital in Afghanistan.

Photos by Larry William, Fistula Foundation Staff, and Courtesy of HEAL Africa and the Edna Adan University Hospital
“Through Fistula Foundation’s help, we have been able to become the number one leading organization in Bangladesh caring for fistula. And we are building a fistula hospital with your support.”

Dr. Iftikher Mahmood
Founder of HOPE Hospital, and working on the front lines of the Rohingya refugee crisis in Bangladesh.

“As a fistula surgeon, I’d like to thank Fistula Foundation and all the donors who help [them]. These funds are going to help the needy people who are left without any help.”

Dr. Justin Paluku Lussy
Director of HEAL Africa hospital in the war-torn Democratic Republic of Congo.

“I am deeply honored to be a part of Fistula Foundation’s program… This pathbreaking [countrywide treatment network] means I will never again have to tell my Kenyan sisters that they must wait for a surgery that could radically change their lives.”

Dr. Hillary Mabeya
Surgeon trainer and Co-Founder of Gynocare Hospital, the hub of our countrywide treatment network in Kenya.

“When I see how much our people have suffered, that has been the biggest motivation for me. And the multiplication of what I have put in has been so encouraging. This is the least I could do.”

Edna Adan Ismail
Founder of the Edna Adan Hospital and University, former First Lady and Foreign Minister of Somaliland, and the country’s first qualified nurse midwife.
10 Years of Partnership

Johnson & Johnson’s consistent support for over a decade has helped thousands of suffering women. With contributions totaling over $2 million, they have truly lived out their organizational values to take responsibility for “the world community.” We are grateful for their faith in our mission and continued partnership.
Johnson & Johnson’s support for Fistula Foundation has been innovative and comprehensive. In 2013, they sponsored a mobile game to raise donations through the Half the Sky movement, and they have repeatedly invested in hospital capacity through robust surgeon training. In 2017, Johnson & Johnson provided key funding to launch an entire countrywide treatment network in Zambia.
Earning Your Trust

Charity Navigator
Fistula Foundation has earned an “exceptional” 4-star rating 13 years in a row, an honor only 1% of evaluated charities receive.

Better Business Bureau
Fistula Foundation has consistently met all 20 of the BBB’s Standards for Charity Accountability since 2006.

GreatNonprofits
Thanks to over 640 reviews from supporters like you, we were named a 2018 Top-Rated Charity.

The Life You Can Save
Since 2014, we have been honored to be one of The Life You Can Save’s recommended charities and part of the Effective Altruism movement.

Charity Watch
We earned an ‘A’ rating from Charity Watch, which the New York Times calls the “pit bull of watchdogs.”

GuideStar
Platinum Participant status is GuideStar’s highest ranking, awarded to organizations that demonstrate a superior level of impact and transparency.

“Fistula Foundation runs a high quality, cost-effective global program, which I am proud to support.”

Peter Singer
Professor, ethicist, and founder of The Life You Can Save organization
### 2018 Financials

<table>
<thead>
<tr>
<th>Revenues and Support</th>
<th>Without Donor Restrictions</th>
<th>With Donor Restrictions</th>
<th>Total</th>
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<tbody>
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<td>$3,984,591</td>
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<td>Net Investment Income (loss)</td>
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<td>Net Assets Released from Restriction for Purpose</td>
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<td>Total Revenues and Support</td>
<td>$7,968,982</td>
<td>$1,614,683</td>
<td>$9,583,664</td>
</tr>
</tbody>
</table>

### Expenses

<table>
<thead>
<tr>
<th>Description</th>
<th>Without Donor Restrictions</th>
<th>With Donor Restrictions</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program Services</td>
<td>$8,623,222</td>
<td>—</td>
<td>$8,623,222</td>
</tr>
<tr>
<td>Management and General</td>
<td>$1,039,826</td>
<td>—</td>
<td>$1,039,826</td>
</tr>
<tr>
<td>Fundraising Expense</td>
<td>$915,682</td>
<td>—</td>
<td>$915,682</td>
</tr>
<tr>
<td>Total Expenses</td>
<td>$10,578,730</td>
<td>—</td>
<td>$10,578,730</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Description</th>
<th>Without Donor Restrictions</th>
<th>With Donor Restrictions</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Change in Net Assets</td>
<td>($2,609,748)</td>
<td>$1,614,683</td>
<td>($995,066)</td>
</tr>
<tr>
<td>Net Assets at Beginning of Year</td>
<td>$4,478,655</td>
<td>$7,076,908</td>
<td>$11,555,563</td>
</tr>
<tr>
<td>Net Assets at End of Year</td>
<td>$1,868,907</td>
<td>$8,691,591</td>
<td>$10,560,497</td>
</tr>
</tbody>
</table>

### 2018 Program Spending

- **66%** Treatment
- **11%** Outreach
- **13%** Training
- **10%** Equipment

### Overall Spending in 2018

- **81%** Program Spending
- **9%** Fundraising
- **10%** Management and General Operating Expenses
Meet Our Team

Across our offices, we embrace these core values:

- Take Initiative
- Be Productive
- Integrity
- Be a Team Player
- Be Grateful

Fistula Foundation Staff

**US**

- **Kate Grant**  
  Chief Executive Officer
- **Anne Ferguson**  
  Deputy Director
- **Kimberly Adinolfi**  
  Senior Development Manager, Donor Programs
- **Steven Armstrong**  
  Communications Assistant
- **Dr. Steve Arrowsmith**  
  Medical Advisor
- **Anjana Bhattarai**  
  Development Officer
- **Dr. Andrew Browning**  
  Medical Advisor
- **Sally Cole**  
  Development Coordinator
- **Ahana Gunderson**  
  Chief of Staff & Senior Director of Strategic Initiatives
- **Robyn Leslie**  
  Director of Philanthropy
- **Pamela Lowney**  
  Communications Director
- **Mirabel Miscala**  
  Digital Engagement Manager
- **Lindsey Pollaczek**  
  Vice President of Programs
- **Sajira Mae The**  
  Special Assistant
- **Katherine Weller**  
  Marketing Communications Writer
- **Morgan Walter**  
  Video Editor
- **Jerry Goldstein**  
  Our invaluable volunteer for 15 years

**Kenya**

- **Habiba Corodhia Mohamed**  
  Program Director
- **Nelson Musa**  
  Monitoring & Evaluation Officer
- **Yusuf Omenda Abasi**  
  In memoriam  
  Hotline Operator

**Zambia**

- **Bwalya Magawa Chomba**  
  Program Manager
- **Dickinson Victor Chibale**  
  Driver
- **Emmanuel Chiluba**  
  Program Officer
- **Kalumba Kaputo**  
  Program Officer
- **Malumbe Shichilenge**  
  Program Officer

**Board of Directors**

- **Bill Mann, Chair**  
  Director of Small Cap Research  
  The Motley Fool
- **Kelly Brennan, Vice Chair**  
  Managing Director  
  Citadel Securities
- **Ling Yang Lew**  
  Legal Counsel  
  Apple
- **Denis Robson**  
  Retired  
  Johnson & Johnson
- **Robert Tessler**  
  Retired  
  Toberoff, Tessler & Schochet
- **Mal Warwick**  
  Chairman and Founder  
  Mal Warwick | Donordigital
- **Teri Whitchraft**  
  Senior Producer  
  ABC News
Chisimba
ZAMBIA

Chisimba went into labor in a rural Zambian village, and as the hours passed, her pain became excruciating. It was clear that her labor was obstructed—but without access to adequate maternal care, Chisimba had no way to get the help she needed. The traumatic labor left her with the childbirth injury obstetric fistula, leaking urine uncontrollably. But thanks to supporters like you, Chisimba’s story did not end in misery. She met outreach workers from Fistula Foundation, who arranged for her to travel by bus to Mansa General Hospital. Chisimba underwent successful fistula repair surgery, and today, she is completely dry!